MAINE BUREAU OF MEDICAL SERVICES

Approved Over the Counter Medications

- Not available for residents in Nursing Facilities
- Can only be dispensed with a prescription In order to be covered, products dispensed must be in the State Drug File

USE THE LEAST EXPENSIVE BRAND AVAILABLE.	LIMITATIONS ON USE WITHOUT PRIOR AUTHORIZATION
Docusate Sodium Capsules / Liquid	
Bisacodyl 5 mg Tablets /10 mg Suppositories	100 units per year
Glycerin Suppositories	1 jar of 25 per year
Senna Tablets /Syrup	100 units per year
Rid Shampoo™ or generic	
Nix Rinse™ or generic	
Triple Antibiotic Ointment/Cream	
Bacitracin Ointment	
Ibuprofen Tablets/Chewable/Drops/Liquid	1 week supply up to 6 times per year
Acetaminophen Tablets/Delayed Release,	1 week supply up to 6 times per year
Children Drops/Liquid, Suppositories.	Large quantities available for prescriptions with a diagnosis of Arthritis written on it.
Acetaminophen/Aspirin/Caffeine Tab(Excedrin™)	50 per month
Acetaminophen/Phenyltoloxamine(Percogesic™)	100 per 2 months
Ranitidine 75 mg Tablets	Maximum 225mg/day
Generic Kaopectate™ Tablets /Liquid,	
Rheaban™, Diasorb™ Tablets / Liquid	Approx. 7 days supply monthly, up to 4 times per year
Bismuth Subsalicylate Tablets/ Liquid	Up to 14 days supply for H.Pylori Treatment
Clotrimazole and Miconazole Vaginal Cream	1 treatment up to 6 times per year
Mycelex 3 Vaginal Cream	1 treatment up to 6 times per year
Monistat-1 Vaginal Ointment	1 treatment up to 6 times per year
Diphenhydramine Capsules/Liquids/Chewables	
Chlorpheniramine 2 & 4 mgs Tablets/Liquid	
Chlorpheniramine LA 8 & 12 mgs Capsules/Tablets	
Clemastine 1.34 mg Tablets	
Pseudoephedrine (decongestant) Tablets/Liquid	
Dextromethorphan (cough suppressant)	
Syrup & SF Syrup	2 week supply 4 times per year
Pseudoephedrine with Guaifenesin Capsules / Liquid	
Guaifenesin (expectorant) Syrup and SF Syrup	
Saline Nasal Spray / Drops	
Nasal Decongestant Spray / Drops	15 ml bottle every 6 months-counsel on 3 days use
Iron Salts	
Calcium Salts Tablets/Chewables	For supplementation
	(Oyster Shell only for certain diagnosis)
Niacin	For hyperlipidemia/hypercholesterolemia
Prenatal Vitamins	With pregnancy diagnosis or
	3 months post-partum
Artificial Tears/Lubricant	
Smoking Cessation Patches and Gums	
Blood Glucose Testing Strips with lab information	Date and value of HbA1C test needed every 90 days